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GOVERNMENT OF ASSAM  
HEALTH & FAMILY WELFARE (B) DEPARTMENT  
DISPUR, GUWAHATI-6.

NO. HLB.463/2005/23

Dated, Dispur the 23<sup>rd</sup> February 2007.

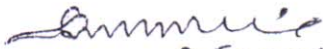
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The following menu for the Diet of the patients of various Hospitals like Medical College & Hospitals, Govt. Ayurvedic College & Hospital, 3 Homoeopathic Medical College & Hospitals, District and Sub-Divisional Hospitals, CHCs, PHCs, FRUs, LGB Chest Hospital, Maternity & Child Welfare Centre, Dhirenpara, MMCH, Guwahati and any other Health Institutions having indoor facilities under the Directorate of Medical Education and the Director of Health Services, Assam, shall be followed consequent upon enhancement of the diet money from the existing rate of Rs. 10.00 to 25.00 per patients per day as notified vide No. HLB.463/2005/18 dtd. 1<sup>st</sup> February 2007.

However, there shall be minor change of items as required for the particular patient as per advise of the attending Physician within the sanctioned amount of Rs. 25.00 per patient per day which cannot be treated as normal relaxation for all other patients since there may not be otherwise compromise as to the menu given herewith.

Days	Breakfast (7.00 AM)	Lunch (12 noon to 12.30 PM)	Tea (3.00 PM)	Dinner (7.00 PM)
Sunday	4 pieces of bread with jelly or butter and one egg	Rice, dal, mixed seasonal vegetable, lemon with country chicken curry.	Tea at 3.00 PM with biscuit, but not bakery biscuit.	Vegetarian with Rice, dal, mixed seasonal vegetable.
Monday	-do-	Rice, dal, mixed seasonal vegetable, lemon with Fish	-do-	-do-
Tuesday	-do-	Rice, dal, mixed seasonal vegetable, lemon with Mutton	-do-	-do-
Wednesday	-do-	Rice, dal, mixed seasonal vegetable, lemon with Fish	-do-	-do-
Thursday	-do-	Vegetarian with Rice, Dal, seasonal mixed vegetable, Rajma or Soyabean	-do-	-do-
Friday	-do-	Rice, Dal, mixed seasonal vegetable with Mutton	-do-	-do-
Saturday	-do-	Rice, dal, mixed seasonal vegetable, lemon with Fish	-do-	-do-

In addition to above, seasonal fruits are to be given three days in a week i.e. Monday, Thursday and Sunday after lunch.

  
(J.C. Goswami) 23/2/07  
Secretary to the Govt. of Assam,  
Health & FW Deptt.

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